

Resources for NYC Families

New York City Department of Education

[Up to date information regarding COVID-19 from the DOE](#)

The [NYC Schools Account](#) (NYCSA) is an app that lets you see your student's grades, attendance, fitness results, schedule, and more from anywhere and in all DOE languages: Arabic, Bengali, Chinese, English, French, Haitian Creole, Korean, Russian, Spanish, and Urdu.

Information on COVID-19

To get up to date information from NYC via text message - text COVID to 692-692

[New York City Dept of Health](#)

[Novel Coronavirus](#)

[CDC- Testing for coronavirus](#)

To search for Local Food Banks

[COVID-19: Food Bank For New York City Response](#)

[Street Smarts NYC - Manhattan](#)

[Hunger Free NYC - All 5 Boroughs](#)

[Feeding America - All 5 Boroughs](#)

[Feeding Our Neighbors - Manhattan, The Bronx, Staten Island](#)

Proper way of washing hands

[Centers for Disease Control and Prevention](#)

Conversations with Children about COVID-19

[Centers for Disease Control and Prevention](#)

[National Association for School Psychologists: Parent Resource](#)

[PBS](#)

[Child Mind Institute](#)

Medical Facilities

[NYC Health and Hospitals](#) - provides care regardless of insurance and immigration status

[Mount Sinai Adolescent Health Center](#)

[Cornell COVID hotline \(212\) 746-1754](#)

Mental Health Supports

[NYC Well](#)

[Child and Adolescent Mental Health Emergency and Crisis Services](#)

[SAMSHA Disaster Distress Hotline 18009855990](#)

[Text Talkwithus text 66746](#)

[Taking Care of your Mental Health in the Face of Uncertainty](#)

Support regarding eviction prevention.

[Bronx Works - eviction prevention](#)

[Catholic Charities](#) - provides support regardless of denomination

[Coalition for the Homeless](#)

Access to Technology

[Altice USA](#) - families must apply for free wifi

[Comcast](#) - families must apply for free wifi

[Spectrum](#) - families must apply for free wifi

[Free Wifi Hotspots in New York](#)

<https://www.schools.nyc.gov/learn-at-home/ipad-distribution>

<https://thejournal.com/articles/2020/03/13/free-resources-ed-tech-companies-step-up-during-coronavirus-outbreak.aspx> - 19 pages of tech resources!

New York City Department of Education Three Free Meals Available Daily For Any New Yorker

<https://www.schools.nyc.gov/school-life/food/free-meals>

A NY state of mind - Collection of Meditation, Sleep, and Movement Exercises to Support Stressful and Challenging Times

<https://www.headspace.com/ny>

Fun at Home is a citywide clearinghouse providing teens and young adults with safe, fun, and entertaining virtual activities to encourage them to stay at home and practice social distancing.

<https://growingupnyc.cityofnewyork.us/generationnyc/fun-at-home/>

8 Ways To Enjoy NYC Parks From Home

<https://www.nycgovparks.org/highlights/parks-at-home>

Online Education

<https://www.nyhistory.org/education/history-home> Live history lessons for different grades

<https://www.facinghistory.org/resource-library> Unlimited access to their library

Tutoring for K-12 students, 2pm-11pm every day through a partnership between Brainfuse and the NYPL; library card required. Students can also make use of Brainfuse's videos, activities, and other learning resources 24/7. https://www.nypl.org/about/remote-resources/kids-and-teens/homework-help-brainfuse?utm_source=eNewsletter&utm_medium=email&utm_content=NYPLConnect_20200324&utm_campaign=NYPLConnect